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SMME Clinic Masterclass

LEVERAGING THE POWER OF THE ENNEAGRAM

Kefilwe Manyaka

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What to expect

What is the Enneagram

The Iceberg Theory – what the world sees

The Nine Enneagram Types

The Enneagram Lines & Wings

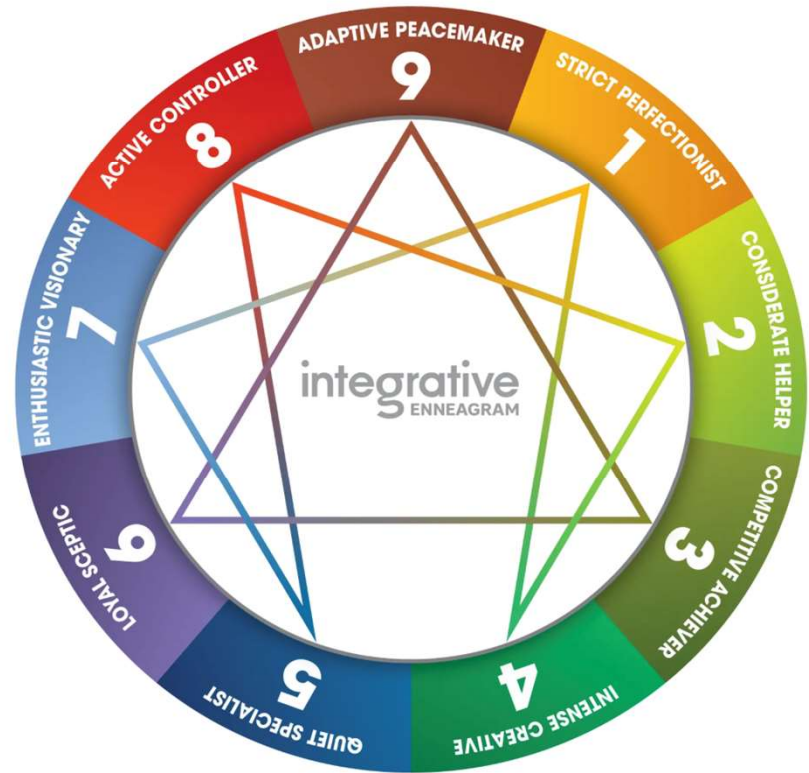
Centers of Intelligence

Interaction Styles – How we show up

Conflict styles

What is the Enneagram

- The archetypal model of 9 Types is used for personal development from an open systems perspective. It does not categorize people but measures where they resonate.
- Provides deeper insight into core motivations and fears driving behaviour, needs and interaction.
- Explores deeper layers of personality in understanding human nature and consciousness.



The Iceberg Theory – what the world sees



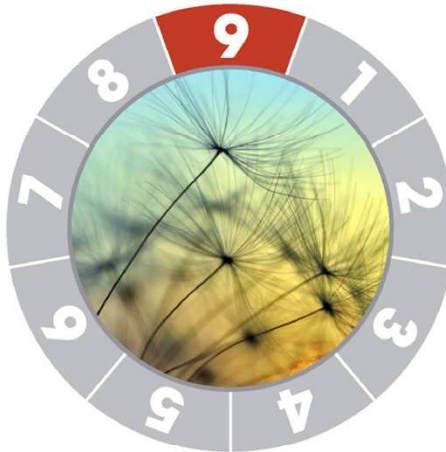
The Nine Enneagram Types



Enneagram 8:
Active Controller

- Assertive
- Direct
- Decisive
- Self-assured

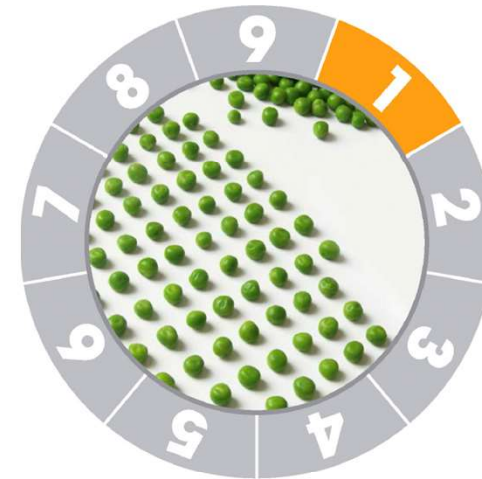
I must be strong. I must
be in control.



Enneagram 9:
Adaptive Peacemaker

- Easy-going
- Non-aggressive
- Accommodating
- Patient

I must create harmony. I must
avoid conflict.



Enneagram 1:
Strict Perfectionist

- Conscientious
- Perfectionist
- Critical
- Controlled

I must be perfect. I must not make
mistakes.



The Nine Enneagram Types



Enneagram 2:
Considerate Helper

- Caring
- Generous
- Friendly
- Warm-hearted

I must be helpful. I must be there for others.



Enneagram 3:
Competitive Achiever

- Ambitious
- Focused
- Adaptable
- Shrewd

I must be successful. I must be productive.



Enneagram 4:
Intense Creative

- Creative
- Intense
- Emotional
- Expressive

I must be authentic. I must go deep.



The Nine Enneagram Types



Enneagram 5:
Quiet Specialist

- Private
- Cerebral
- Detached
- Curious

I must understand it. I must
conserve my resources.



Enneagram 6:
Loyal Sceptic

- Cautious
- Loyal
- Anxious
- Alert

I must be vigilant. I must be
responsible.



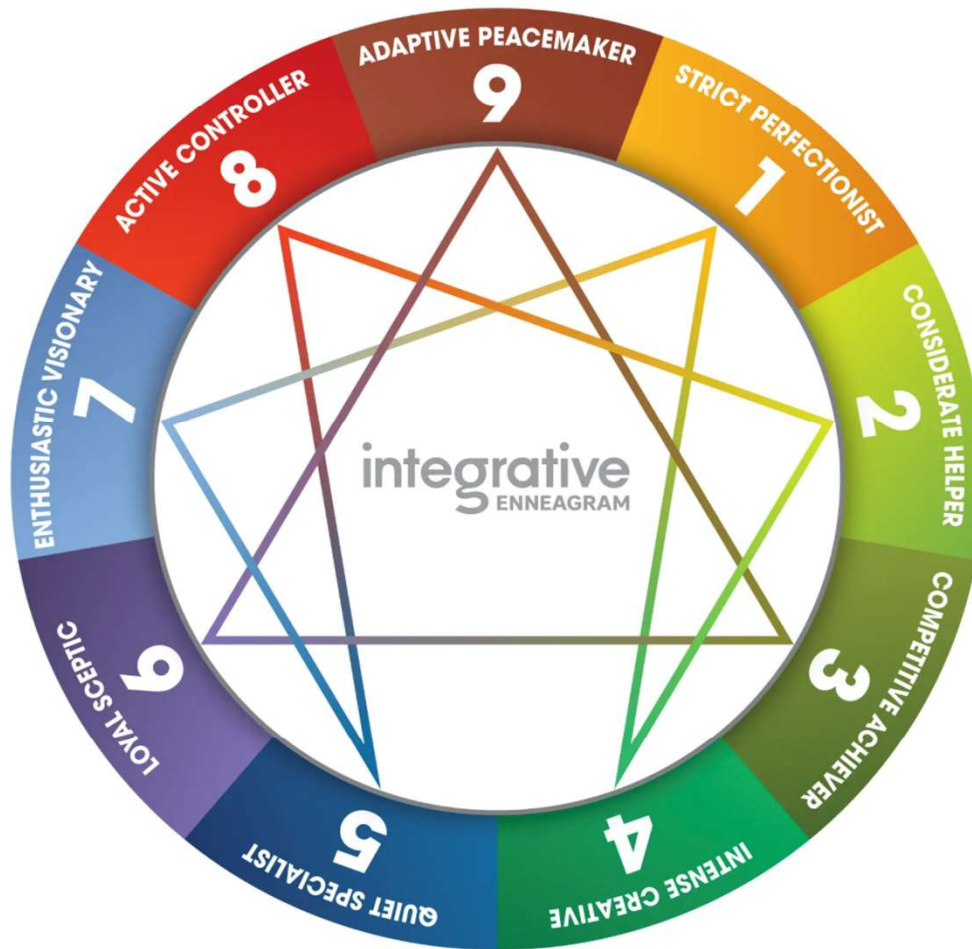
Enneagram 7:
Enthusiastic Visionary

- Optimistic
- Spontaneous
- Keen
- Uninhibited

I deserve what I want. I must
have freedom.



The Enneagram Lines & Wings



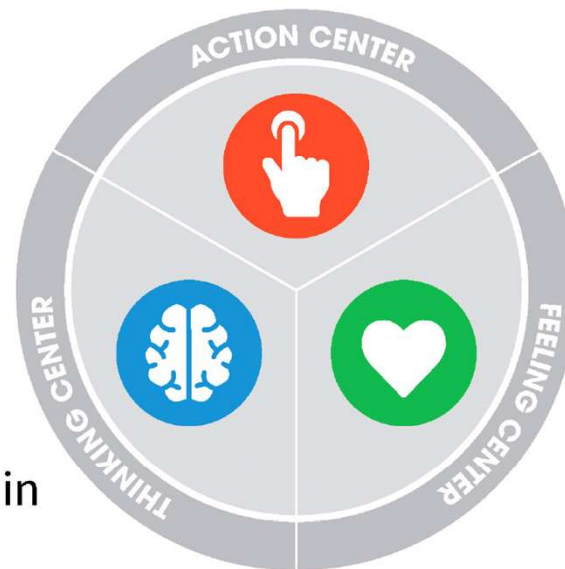
Centers of Intelligence

Action Center

Hot

Instinctual Center of brain
Doing language

Thinking Center
Cool
Prefrontal Cortex of brain
Cognitive language



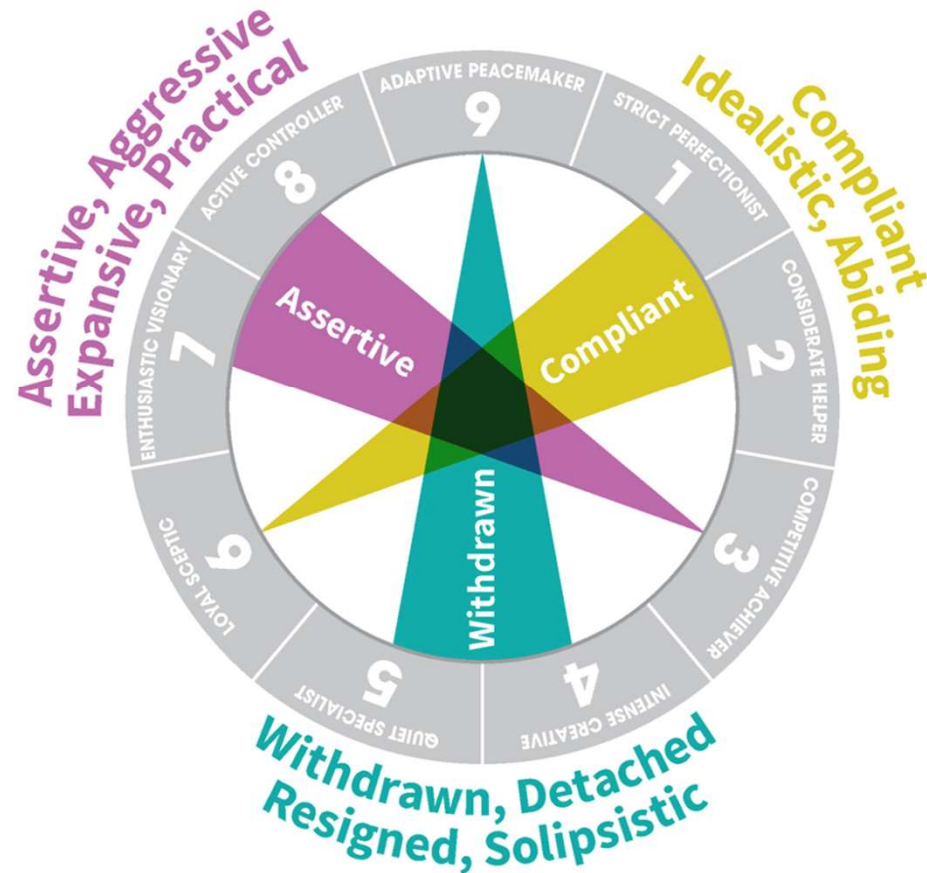
Feeling Center

Warm

Limbic System of brain
Emotional language

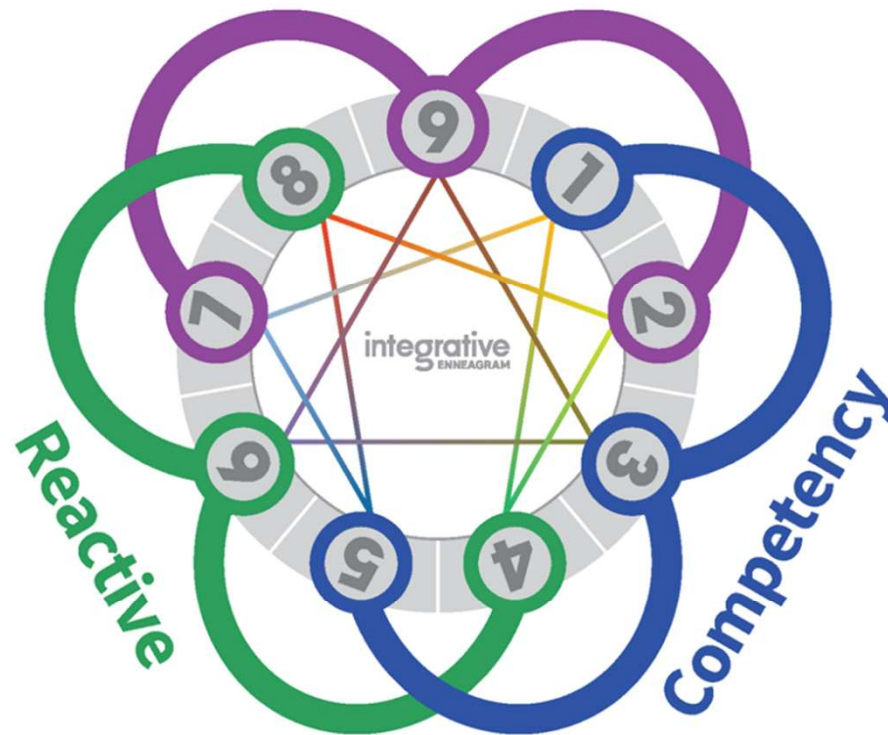


Interaction Styles – How we show up



Conflict styles

Positive Outlook / Escapist



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Thank You!

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